

Caring for Iowa's children in foster care.

Did you know there are nearly 6,500 children in Iowa's foster care system?

At Families Helping Families, we know firsthand about the lack of resources for this under-served demographic.

We are a resource to the foster care community by providing access to basic need items, programs and events.

From supporting children in their academic pursuits to providing clothing and school supplies to foster families throughout the year, Families Helping Families of Iowa supports thousands with necessary programs and services to help better the lives of Iowa's foster children.



FAMILIES HELPING FAMILIES
— OF IOWA, INC. —

3516 Center Point Road NE
Cedar Rapids, IA 52402



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Our mission is to meet the needs of youth who have been abused or neglected to allow them to have the same chance as their peers to be healthy and productive citizens.

familieshelpingfamiliesofiowa.org



"The **Clothing Closet** has been a valuable resource for our family. We have enjoyed being able to both donate clothing and supplies to the program as well as pick up different sized clothing when new foster kids arrive, or our current foster kids have a growth spurt."

Foster Parent
Linn County, Iowa

Support to Help Children—and Families—Thrive.

Families Helping Families of Iowa is a non-profit, volunteer organization designed to help and support children in foster care, relative placement and suitable other placement through various programs and services. We are dedicated to helping children in need in our communities.

PROGRAMS & SERVICES

Activity Scholarships

Through our Spread Your Wings Program, students can receive activity scholarships, from art and music classes to sports and martial arts.

Clothing Closet

With generous donations, Families Helping Families offers new and gently used clothing, infant supplies and more for newborns to teens.

Haircuts for Kids

Eligible students in foster care can receive two complimentary haircuts, care of professional hairdressers and local salons.

Holiday Party

Each December, we host a Christmas Party for members of Iowa's foster care community, catering to and reuniting children and families.

School Supplies

Each year, backpacks are filled with new supplies and a voucher for a free haircut. A supplies closet is available throughout the year.

Senior Pictures

We help build the confidence of high school seniors with a complimentary 1-hour photography session for professional senior pictures.

Shoe Voucher Program

With help from the Kiwanis Club of Cedar Rapids, children in foster care or placement are eligible to receive one shoe voucher for a new pair of shoes.

The Quilt Project

As a child transitions from their family home to foster care, they are provided with a quilt for added comfort during this challenging time.

Tutoring

Also through our Spread Your Wings Program, students can be partnered with local tutors to help them achieve academic goals.

ANNUAL EVENTS

We host and sponsor annual events that support our mission and fundraise to continue offering programs and opportunities, including our Holiday Party, Back to School Drive, Super Hero Walk and more. We also offer several fundraisers and support groups for parents.

Visit familieshelpingfamiliesofiowa.org to browse our calendar for upcoming events!

WAYS TO GIVE

More than ever, your support is needed at Families Helping Families. Help support Iowa's children in foster care today through various options including:

- Monetary donations
- Donate in-kind items to the Clothing Closet
- Business sponsorships
- Estate planning
- Volunteering...and more!

CONTACT US

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Sign-up for our e-Newsletter at:

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